

## Weeks

### Massachusetts Performance Standards

#### The students will:

- 10.9 – Describe the relationship between multi-drug use and the increased negative effects on the body, including stages of addictions, and overdose.
- 10.10 – Describe the harmful effects of tobacco, alcohol, and other substances on pregnant women and their unborn children.
- 11.11 – Explain consequences of driving under the influence of alcohol and other drugs, including the effects on passengers when the driver is impaired.
- 10.12 – Explain the physical, financial, social, and psychological cost of addiction.
- 10.13 – Demonstrate the ability to make informed decisions regarding the use of tobacco, alcohol, and other drugs.
- 10.14 – Describe the influence of drug abuse on family members.

## UNIT

### Substance Abuse

#### Objectives (Students will...)

- Successfully gain an understanding and knowledge of the harmful effects of drug and alcohol use.
- Demonstrate an understanding of the harmful effects of drug and alcohol use.
  - Demonstrate an understanding of Massachusetts Laws pertaining to possession of illegal substances.
  - Demonstrate an understanding of Saugus High School's Drug and Alcohol Policy

#### Essential Question

What physical, social, and emotional benefits will you get from gaining further knowledge in substance abuse?

#### Mission and Expectations

##### Health & Wellness

- Understands the fundamental wellness and fitness concepts and the skills which foster healthy habits and behaviors
- Make healthy –enhancing decisions by assessing risks and considering potential consequences.

##### Autonomous Learning Skills

- Takes responsibility for his/her learning
- Is a lifelong learner
- Can set priorities and identify

##### Personal and Social Responsibility

- Takes responsibility for his/her learning
- Respects himself/herself and others

#### Teacher Resources

1. Health and Wellness Textbooks
2. Saugus Police Department
3. Saugus High School Student Handbooks pg 22 – Drug and Alcohol Policy

#### Media and Technology Resources

1. [www.intox.com/wheel/drinkwheel.asp](http://www.intox.com/wheel/drinkwheel.asp)
2. <http://science.education.nih.gov/supplements/nih3/alcohol/guide/lesson1.htm>

#### Evaluation/Activities

**Lecture/Demonstration:** Each concept/topic will be introduced by the teacher using any resources that are available.  
**Class work:** To be done on each topic/concept as needed for understanding.  
**Homework:** To be given daily on each introduced topic as determined by the teacher.  
**Review:** All weekly concepts will be reviewed and connections to concepts should be made by the students.  
**Quiz:** Formal assessments will be given as warranted by the curriculum.

#### Lesson Completion Date:

#### Technology Used/ Date Used:

#### Completed By:

#### Comments:

