

Weeks

Massachusetts Performance Standards

The students will:

- 4.11 – Identify the stages of the male and female reproductive systems over the life cycle
- 4.12 – List the signs of pregnancy
- 4.13 – Describe the effectiveness and consequences of various pregnancy, HIV, and STI prevention methods, including abstinence.
- 4.14 - Identify possible determinants of sexual orientation and analyze the weight of each in light of available research
- 4.15 - Explain the importance of both genders for HIV and STIs before conception and the risks and precautions of delivery when HIV and STIs are present.
- 4.17 – Explain the importance of communication

UNIT Sexuality II

Objectives (Students will...)

Students will be provided with a sound basis of information on communications skills to prevent pregnancy and the transmission of STDs. A secondary goal is to educate students to change risk behaviors and to practice behaviors that eliminate or reduce the risk of pregnancy or STDs, including HIV infection.

- Demonstrate effective communication skills for remaining abstinent and for avoiding unprotected sexual intercourse.
- Identify problems encountered by pregnant teens
- Describe various methods of pregnancy and sexually transmitted disease prevention
- Evaluate the risks and lasting consequences of becoming an adolescent parent or becoming infected with HIV or another STD.
- Conclude that factual information about conception and protection is essential for avoiding teenage pregnancy, HIV infection, and other STDs.

Essential Question

What physical, social, and emotional benefits will you get from gaining further knowledge in sexuality?

Mission and Expectations

Health & Wellness

- Understands the fundamental wellness and fitness concepts and the skills which foster healthy habits and behaviors
- Make healthy –enhancing decisions by assessing risks and considering potential consequences.

Autonomous Learning Skills

- Takes responsibility for his/her learning
- Is a lifelong learner
- Can set priorities and identify

Personal and Social Responsibility

- Takes responsibility for his/her learning
- Respects himself/herself and others

Teacher Resources

1. “Health & Wellness” Book
2. Worksheets & Handouts on Sexuality

Media and Technology Resources

1. Movies & Documentaries on Abstinence, STIs, and Pregnancy

Evaluation/Activities

Lecture/Demonstration: Each concept/topic will be introduced by the teacher using any resources that are available.

Class work: To be done on each topic/concept as needed for understanding.

Homework: To be given daily on each introduced topic as determined by the teacher.

Review: All weekly concepts will be reviewed and connections to concepts should be made by the students.

Quiz: Formal assessments will be given as warranted by the curriculum.

Lesson Completion Date:

Technology Used/ Date Used:

Completed By:

Comments:

